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# Replacement of the Crown in a Fractured tooth Using the Coronal Tooth Structure: A Clinical Case Report

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### Authors' contributions

This work was carried out in collaboration among all authors. All authors read and approved the final manuscript.

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Case Study

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### ABSTRACT

The anterior teeth are relatively prone to trauma. According to research, 37% of trauma cases involve the upper central incisors. Anterior tooth trauma resulting in a fracture fragment demands rapid care because of the psychological effects it has on the patient as well as the destruction it does to the dentition. This paper highlights a patient with the anterior tooth fracture which is managed immediately with re attaching the mobile tooth structure with successful result.

Keywords: Fracture tooth; anterior tooth fracture; crown attachment; fragment re attachment.

### **1. INTRODUCTION**

The anterior teeth are relatively prone to trauma. According to research, 37% of trauma cases involve the upper central incisors [1]. Anterior tooth trauma resulting in a fracture fragment demands rapid care because of the psychological effects it has on the patient as well as the destruction it does to the dentition [1]. Depending on the degree and extent of the fracture, the treatment includes simple to extensive restorative intervention [2,3]. Tennery was the first to document the application of the acid-etch procedure as part of repair a broken fragment [4]. Starkey and Simonsen have since documented such related cases [5,6]. Reattaching the original tooth fragment aids in preserving the restoration's translucency, morphology, wear resistance, and tooth colour. The patient's emotional and social response to

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the preservation of the original tooth structure is also positive [7]. The progress and improvement of adhesive techniques and restorative materials have made it possible to reattach a broken fragment [8]. The therapy of a broken maxillary right central incisor treated endodontically, followed by reattachment of the same fragment, is described in the relevant case report.

### 2. CASE PRESENTRATION

A 32-year-old male patient was referred to the D A P M R V Dental College and Hospital's Department of Conservative Dentistry and Endodontics with a broken upper front tooth as his main complaint. A comprehensive history from the patient revealed that the right central incisor (11) of the maxilla was cracked three days prior due to biting force applied to the upper tooth region. The maxillary right central incisor was found to have a mesiodistal fracture at the cervical third labially and middle third palatally without the fragment being displaced after an intraoral examination. Due to the incoherence of the fracture and the anchoring effect of the soft tissue palatally, the fragment was movable (Fig. 1). A radiograph of the intraoral periapical area (IOPA) revealed no associated root fracture. The periapical tissues and the alveolar bone both showed signs of inflammation. Regarding the

maxillary right central incisor, an Ellis Class III complex crown fracture (including the pulp chamber) diagnosis was made. Due to the complexity of the fracture, a single-visit endodontic procedure was chosen after obtaining patient's consent on the same. Reattachment of the same fragment was intended because the broken pieces were still intact and still had some palatally attached supporting tissue. Access was made labially through the broken area after local anaesthetic was administered. The mobile fragment was then disengaged/ extracted and kept in saline for future operation. The chamber was irrigated with 5.25% sodium hypochlorite (NaOCI) and normal saline after the coronal pulp was removed. Initial root canal tissue negotiations were carried out. With a no. 10 Kfile, the root canal was initially negotiated, and a working length radiograph was taken. The root cleansed canal was usina 17% ethylenediaminetetraacetic acid (EDTA) and 5.25% sodium hypochlorite. The root canal was then shaped using K files up to a size of 60K, followed by the step-back technique up to a size of 60-100K files, and then hand protaper files and K files. The root canal was sealed with zinc oxide eugenol sealer and 2% gutta percha points after being dried with absorbent paper points. After obtaining post-obturation **IOPA** а radiograph, (Fig. 2) it was determined that the root canal filling was adequate.





Fig. 2. Radiograph of a)pre operative; b) working length determination; c) obturation

#### 2.1 Gingival Tissue Preparation Techniques

It was done to contour the tissue well over buccal surface, measuring 1.5 mm from the mesial to the distal surface.

The steps were taken to prepare the tooth's post space for a root canal, after obturation, the patient was brought back 24 hours later. This was followed by the preparation of the post space, during which the leftover gutta percha measured approximately 4.7mm. The appropriate post size was chosen to be a size 2 fibre post, and IOPAR was obtained for final confirmation. Once the fit was established, the post was bonded using single cure resin cement.

#### 2.1.1 Technique for reattachment

The fragmented tooth surface was etched with 37% orthophosphoric acid for 15 seconds before being thoroughly washed with water and allowed to air dry (Fig. 3). The relocated fragment, etched

surface, and tooth surface were all treated with a dentin bonding agent (Adper Single Bond, 3M ESPE). Prior to light curing, it was confirmed that the fragment had adapted to the tooth surface. On the labial and palatal sides, visible light curing was performed for 20 seconds each. Using a round bur, a 1-mm deep chamfer was created on the buccal surface medially and distally along the fracture line. The chamfer surface was treated with surface etching and bonding before a coating of microhybrid composite (Filtek Z250TM 3M ESPE) was applied.

In order to splint the piece to the tooth surface, ribbond was applied palatally. With Sof-LexTM discs from 3M ESPE, the repaired surface was completed and polished. A final assessment of occlusion and aesthetics was performed.

The patient received postoperative instructions on how to avoid loading the anterior teeth, and one month later recall visits were scheduled. The postoperative time was documented and went well, had satisfactory results (Fig. 4).



Fig. 3. (A-B): Tooth mobile fragment labially and palatally



Fig. 4. a) Re attached tooth fragment clinically view b) re attached tooth fragment radiograph (post operative)

### 3. DISCUSSION

Dental trauma (DT) is a significant public health problem because of its occurrence, impact on economic productivity, and quality of life. Trauma affecting younger age group and its prevalence ranges from 7.4% to 58%, most commonly involved teeth are the maxillary incisors, uncomplicated type crown fracture in the permanent dentition is the most common type of injury and success rates can vary. Trauma in anterior teeth region is a relatively a common frequency, as it involves patient's emotional response for preservation of natural tooth structure. Hegde, R. J. [7] "Reattachment of broken tooth structure which involves both enamel and dentin has been found to be satisfactory after a period of 1 year". Heade, R. J. [7] "fractures involving incisal edge of anterior teeth have been successfully tried and attempted by reattachment". Oz IA et al. [9] Complicated "fractures involving pulp have been treated by reattachment of tooth fragment of anterior teeth with additional support that is post and core" [10].

Use of isolation protocol that is rubber dam yields successful management of endodontic complications and leads to conducive environment for quality adhesive dentistry. The following reattachment techniques have been tried for reattaching the tooth fragment [11]:

- 1. A circumferential bevel
- 2. an external chamfer at the fracture line
- 3. creating a V-shaped enamel notch
- 4. an internal groove

In the present case, the enamel notch technique was used, as it yields to increased strength than just simple reattachment of fragment. Reis et al. have reported 60% recovery of fracture strength with incorporating chamfer technique with minimal loss of natural fit of the fragment compared to any other methods which increased the strength recovery, as it expose more resin surface to oral environment [11]. Reattachment of fragment may offer the following advantages:

- 1. it is simple and conservative management
- 2. Better esthetics majorly translucency was maintained
- 3. Incisal edge wear at a rate similar to that of the adjacent teeth
- 4. A positive feedback as it maintains the emotional and social response from the patient

The disadvantages includes:

- 1. esthetics as in attached fragment
- 2. the attached tooth fragment is dehydrated
- 3. longevity is still questionable

Recent advances and newer generations adhesive system and resin based composites has made reattachment of tooth fragments a procedure that is simple, conservative, satisfactory treatment with good follow up it yields to favorable prognosis. However, this technique can be possible with preservation of broken tooth fragment saved and conserved and to have actual fit as before or to maintain originality [12,13]. "Reattachment of the fractured tooth fragment with endodontic treatment and additional support of post and core was possible in the present case as the fragment was intact".

### 4. CONCLUSION

Cases with esthetic management of traumatic injury demands judicious planning which involves sound knowledge of the corresponding techniques available and their indications, along with risk benefit ratio. In case of incisal re attachment procedure it offers conservative, simple. effective. aesthetic restorative option if incisal edge segments are present. With the current adhesive systems available it provides the optimal bonding strengths to withstand the masticatory forces in oral cavity but this interface is also susceptible to the effects of cyclic fatigue and hydrolytic degradation with time. With all the given facts and protocol the case reports and studies have presented functional and aesthetic success rate and time period of more than 7 years.

### CONSENT

All authors declare that 'written informed consent was obtained from the patient (or other approved parties) for publication of this case report and accompanying images.

### ETHICAL APPROVAL

As per the international standard or university standard written ethical approval has been collected and preserved by the authors.

### **COMPETING INTERESTS**

Authors have declared that no competing interests exist.

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